

PSHE Policy

At Vale School our PSHE program promotes children's personal, social and economic development, as well as their health and well-being. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Our PSHE curriculum is broad and balanced ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society;
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically;
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Aims

For children to:

Health & Wellbeing

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.

Relationships

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

Living in the Wider World

- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.

- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Organisation / Provision

PSHE is delivered within a whole school approach which includes:

- Dedicated curriculum time
- Teaching PSHE through and in other subjects/themes
- Assemblies
- PSHE activities and school events e.g. “In your shoes” week
- Pastoral care and guidance
- Visiting speakers
- School Council

Relationships within School

Relationships at Vale School are based on the key values of:

- Honesty
- Excellence
- Appreciation
- Respect
- Teamwork

Children are encouraged to develop good relationships with their peers and staff and to take responsibility for their own behaviour. All staff provide good role models for children and work hard to promote a safe, happy environment.

Assessment

Assessment against the Learning Objectives is carried out by class teachers and used to identify any areas of weakness or concern. These areas are then focussed on, either in subsequent lessons, or in small group and 1:1 sessions (depending on the need of individual children). Parents are informed about the key aspects of the curriculum in the general comment of the End of Year report.